Where To Find People To Practice Hypnosis

By

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A Special Bonus For The Secrets of Erotic Hypnosis

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Where To Find People
To Practice Hypnosis

This is a supplement to the MP3 Audio, and outlines the major points plus has a list of the online resources mentioned on the audio track.

The Basic Idea

People are fascinated and curious about hypnosis, *especially women*.

The Internet makes it easy to find those people, or more accurately... it makes it easy for them to FIND YOU.

You have a wealth of knowledge in the Erotic Hypnosis course materials people would love to experience. Especially feeling more pleasure.

By setting up a 'practice group' you can easily attract people to you who want to learn and/or experience hypnosis and you get to practice your skills.

All you need is:

1. **A way to attract interested people**
2. **A way to communicate with them**
3. **A place to meet and practice**

Where to Have Practice Meetings

No need to spend money on meeting places. You can meet at someones house, office meeting rooms, public meeting rooms (libraries), outside in a park

When someone hosts, ask $5 donation from everyone as a thank you and to cover any of the host's costs for snacks & drinks.

When to Meet

Depends on your group, but Tuesday & Thursday evenings and Sunday afternoons have worked well.

Where To Find People

Put ads on craigslist.org. Craigslist is worldwide now, chances are they cover where you live. Put ad saying "Learn Hypnosis For Free" and have them signup on your group.

Other local classifieds. Newspapers are offering online ads. But only use free ones. No need to spend money.

Flyers in coffee shops, bookstores, yoga studios etc. Where people gather who would be interested in practicing hypnosis.

Local hypnosis schools. They may be very helpful and send you their students to get extra practice.

Facebook. Obvious choice for social media. You might find local groups where you can post about your practices.

Meetup.com - People will find your group if it's on meetup. Plus meetup will announce your group when it is new to thousands of like minded people. This is the #1 best way to find people to practice by far, because they find YOU!

Low or No Cost Practice Group

Use google groups or yahoo groups, and get everyone on the email list

Use the calendar to schedule events/reminders

No cost for the tools, but lots of your time involved to make it work.

Slightly Higher Cost Practice Group (much easier)

Use Meetup.com. It's about $60 for 6 months and worth every penny for the time it will save you.

Plus, it's like social media so people will find your group and sign up just because it exists. List your group in categories like *Hypnosis, NLP, Personal Growth, and Self Improvement.*

Check out San Francisco Hypnosis Practice Meetup to see how we do it.

I highly recommend using Meetup.com. I've done it both ways and Meetup saves you a HUGE amount of time.

Basic Structure Of A Practice Meeting

Optimal time is 2-3 hours. Optimal group size is 6-10 people

Only focus on 1-2 things to practice at a meeting. You will surprised how fast the time goes, and it's better to get really good at 1 or 2 things than try to cram a lot in. People will feel like they got something of it if they really get good at one thing.

NEVER use handouts! People use them as a crutch. Instead, explain the technique. Ideally you should give a quick demonstration too. Then have everyone practice with a partner.

If you don't want to demonstrate, another method is to show the technique demonstrated on video. So as an example, if you want to practice the induction, watch the video where Mark demos the technique it with the group. Then break into partners.

Someone MUST be leader. If it's not you, then you delegate who is leader.

Switch partners constantly. This will be one of the most valuable tips I can give you that will help your confidence and skill level skyrocket. The more people you hypnotize the faster you will get the confidence that you can in fact hypnotize anybody.

Final Comments

It has been brain-dead-simple to find people to practice hypnosis with this way.

As I said in the audio, it's not so much you trying to find people to practice with, as it is **people will find you and ask to have the experience of going into trance.**

And this idea has worked all over the USA and in 20 other countries around the world. I know because I have advised people on setting up hypnosis practice groups in these places.

If you do this, *your skills will skyrocket*. I had hypnotized hundreds of people in my practice group before I ever took a training course. People at my training thought I was a professional hypnotist, and I'm not the only one in my group to have this experience at a training.

Women will be the majority of people in your group. I have dated women I met at hypnosis practice group events. Women who already love to experience the good feelings of trance.

When you do practice meetings you will want to do more vanilla flavored hypnosis, so just take the *'erotic'* out of the techniques.

You can still do the Conditioning With Pleasure at a practice group. You may find as I did, that people will get on a waiting list to experience that trance technique because as Mark has said *people do NOT get enough pleasure in their lives.*

Resources Mentioned In The Audio

- **www.craigslist.org** - place to put free ads and event notices. Craigslist is worldwide now.
- **groups.google.com** - free alternative to using meetup.com
- **groups.yahoo.com** - another free alternative to using meetup.com.
- **www.surveymonkey.com** - free survey tool
- **www.surveygizmo.com** - another free survey tool
- **www.evite.com** - online invitation and RSVP system. Kinda clunky but free.
- **www.eventbrite.com** - online event & RSVP system. Free version if you aren't charging for the event.
- **www.meetup.com** - makes it easy to schedule events and easy to attract people interested in hypnosis to your group.
- **www.meetup.com/San-Francisco-Hypnosis-NLP-Practice-Group** - hypnosis practice meetup group you can model.

Screen shot from Meetup.com Hypnosis Practice Group